

Sanitation

- |   |                                       |  |
|---|---------------------------------------|--|
| <input type="checkbox"/> 4-pack TP, flattened     | <input type="checkbox"/> Baby wipes   | <input type="checkbox"/> Clorox wipes        |
| <input type="checkbox"/> Hand sanitizer           | <input type="checkbox"/> Bar of soap  | <input type="checkbox"/> Feminine protection |
| <input type="checkbox"/> Toothbrush/toothpaste    | <input type="checkbox"/> Dental floss | <input type="checkbox"/> Small box tissues   |
| <input type="checkbox"/> Plastic tablecloth       | <input type="checkbox"/> Porta-potty  | <input type="checkbox"/> Zip-loc bags        |
| <input type="checkbox"/> Trash bags to line potty |                                       |  |

Sustenance

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|---|---|---|
| <input type="checkbox"/> MRE's (heat sensitive)     | <input type="checkbox"/> Peanut butter            | <input type="checkbox"/> Dry cereal               |
| <input type="checkbox"/> Energy bars (high calorie) | <input type="checkbox"/> Jerky                    | <input type="checkbox"/> Jam/jelly cups           |
| <input type="checkbox"/> almonds                    | <input type="checkbox"/> Dried fruit/canned fruit | <input type="checkbox"/> Trail mix (no chocolate) |
| <input type="checkbox"/> V-8 juice                  | <input type="checkbox"/> Applesauce/fruit cups    | <input type="checkbox"/> Shelled sunflower seeds  |
| <input type="checkbox"/> Canned pasta               | <input type="checkbox"/> Rice cakes               | <input type="checkbox"/> Freeze-dried meals       |
| <input type="checkbox"/> Gatorade mix               | <input type="checkbox"/> Pilot bread/Triscuit     | <input type="checkbox"/> Can opener               |
| <input type="checkbox"/> Plastic utensils/metal cup | <input type="checkbox"/> Hard candies             |   |
| <input type="checkbox"/> Cocoa mix                  | <input type="checkbox"/> Tuna packs               |   |

Survival

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|---|---|---|
| <input type="checkbox"/> Water                          | <input type="checkbox"/> Headlamp(s)                | <input type="checkbox"/> Collapsible nylon bag        |
| <input type="checkbox"/> Canteen/water bottle           | <input type="checkbox"/> Batteries                  | <input type="checkbox"/> Shoe laces                   |
| <input type="checkbox"/> Water filter                   | <input type="checkbox"/> Hand/foot warmers          | <input type="checkbox"/> Walking shoes                |
| <input type="checkbox"/> Purification tablets           | <input type="checkbox"/> Work gloves                | <input type="checkbox"/> Floppy cotton hat            |
| <input type="checkbox"/> Flashlight(s)                  | <input type="checkbox"/> Whistle                    | <input type="checkbox"/> Sun block                    |
| <input type="checkbox"/> Rain ponchos                   | <input type="checkbox"/> Small shovel               | <input type="checkbox"/> Medications                  |
| <input type="checkbox"/> Emergency radio                | <input type="checkbox"/> Fire-starters              | <input type="checkbox"/> Face mask                    |
| <input type="checkbox"/> Heavy duty trash bags          | <input type="checkbox"/> Water-proof matches        | <input type="checkbox"/> Bug repellent                |
| <input type="checkbox"/> Emergency blanket/sleeping bag | <input type="checkbox"/> Multi-tool                 | <input type="checkbox"/> Moleskin                     |
| <input type="checkbox"/> Duct tape                      | <input type="checkbox"/> Binoculars                 | <input type="checkbox"/> Long-sleeve shirt            |
| <input type="checkbox"/> Fleece blankets                | <input type="checkbox"/> Light sticks               | <input type="checkbox"/> Survival & first aid manuals |
| <input type="checkbox"/> Tarp                           | <input type="checkbox"/> Maps                       |   |
| <input type="checkbox"/> Paracord                       | <input type="checkbox"/> High quality first aid kit |   |
| <input type="checkbox"/> Multi-purpose knife            | <input type="checkbox"/> Bandana                    |   |
|   | <input type="checkbox"/> Small pair of scissors     |   |

Security

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Whistle           | <input type="checkbox"/> Pepper spray                  | <input type="checkbox"/> emergency phone numbers |
| <input type="checkbox"/> Cash, coins       | <input type="checkbox"/> Firearm with loaded magazines |  |
| <input type="checkbox"/> Disposable camera |  |  |

Sanity

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Deck of cards             | <input type="checkbox"/> Bible                       | <input type="checkbox"/> Chapstick           |
| <input type="checkbox"/> Foam ear plugs            | <input type="checkbox"/> Small journal/pen or pencil | <input type="checkbox"/> Battery powered fan |
| <input type="checkbox"/> Book(s) on CD, paperbacks |  |  |

